



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 09519, Guava nectar, with sucralose, canned

Report Date: June 30, 2017 11:24 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	86.23	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Energy	kcal	48	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Energy	kJ	200	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Protein	g	0.30	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Total lipid (fat)	g	0.07	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Ash	g	0.09	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Carbohydrate, by difference	g	13.30	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Fiber, total dietary	g	1.2	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sugars, total	g	10.15	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Minerals													
Calcium, Ca	mg	8	--	--	--	--	--	--	--	--	Calculated or imputed	09435	12/2014
Iron, Fe	mg	0.54	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Magnesium, Mg	mg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Phosphorus, P	mg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Potassium, K	mg	33	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Sodium, Na	mg	6	--	--	--	--	--	--	--	--	Calculated or imputed	09435	12/2014
Zinc, Zn	mg	0.02	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Copper, Cu	mg	0.025	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Manganese, Mn	mg	0.058	--	--	--	--	--	--	--	--	Calculated or imputed	09435	12/2014
Selenium, Se	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Vitamins													
Vitamin C, total ascorbic acid ¹	mg	21.3	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2014
Thiamin	mg	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Riboflavin	mg	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Niacin	mg	0.170	--	--	--	--	--	--	--	--	Calculated or imputed	09435	12/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6	mg	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Folate, total	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Folate, food	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Folate, DFE	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Choline, total	mg	1.1	--	--	--	--	--	--	--	--	Calculated or imputed	09435	12/2014
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Vitamin A, RAE	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Carotene, beta	µg	29	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Vitamin A, IU	IU	49	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Lycopene	µg	35	--	--	--	--	--	--	--	--	Calculated or imputed	09435	12/2014
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Vitamin E (alpha-tocopherol)	mg	0.06	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Vitamin K (phylloquinone)	µg	1.0	--	--	--	--	--	--	--	--	Calculated or imputed	09435	12/2014
Lipids													
Fatty acids, total saturated	g	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
12:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
14:0	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
16:0	g	0.017	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
18:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
Fatty acids, total monounsaturated	g	0.020	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
16:1 undifferentiated	g	0.011	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
18:1 undifferentiated	g	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
Fatty acids, total polyunsaturated	g	0.017	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
18:2 undifferentiated	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
18:3 undifferentiated	g	0.014	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09229	12/2014
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	12/2014
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2014

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 8e, 2004 Beltsville MD